

Cook Out Menu Price Guide

Trays, Burgers, Shakes & Sides — 2026 Edition

Reported price examples from selected US locations.
An independent guide — not affiliated with or endorsed by Cook Out.

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How to read this guide

Prices in this guide are **reported examples** from selected restaurant menu boards, not a nationwide price list and not live checkout prices. Cook Out prices vary by location, and a standalone sandwich price, a Tray price, and a shake-substitution charge pay for different things. Always confirm the current price at your restaurant before ordering. All figures are before tax unless noted.

Sources: restaurant menu boards photographed or reported in Raleigh NC (Jan 2026), Alpharetta GA (Aug 2026), and Gadsden AL (photo date unavailable).

Cook Out Trays

A Tray combines one eligible main, two sides, and a drink — the best value on the menu. Regular and Jr. Trays have different main lists.

Item	Reported price	Notes
Regular Tray	\$7.99	One regular-list main + 2 sides + drink
Jr. Tray	\$6.99	One Jr.-list main + 2 sides + drink
Shake substitution	+\$1.50 (example)	Replaces the included drink

Regular Tray main choices (examples)

Big Double burger, Regular burger, BBQ sandwich, two hot dogs, two quesadillas, char-grilled chicken, Cajun chicken, spicy chicken, three chicken strips. Choices vary by restaurant.

Jr. Tray main choices (examples)

Small burger, two chicken strips, BLT, one hot dog, one corn dog, one quesadilla.

Char-Grilled Burgers

Item	Reported price	Notes
Small Hamburger	\$2.99–\$3.49	245 cal (base, before toppings)
Regular Hamburger	\$3.99–\$4.39	328 cal (base, before toppings)
Big Double	\$3.99–\$4.39	Two patties
Huge Hamburger	Check locally	Largest size; price varies
Cook Out Style (add-on)	+\$0.99	Chili, slaw, onions, mustard
Out West Style (add-on)	+\$0.99	Bacon, cheese, BBQ sauce
Cheddar Style (add-on)	+\$0.99	Cheddar cheese + bacon
Steak Style (add-on)	+\$0.49–\$0.59	A1-style sauce + grilled onions

Chicken, BBQ & Hot Dogs

Item	Reported price	Notes
Original chicken sandwich	\$4.85–\$4.99	Char-grilled chicken breast
Chicken strips (3 pc)	Tray main / check locally	Also a Jr. Tray main
BBQ sandwich	Check locally	Chopped pork BBQ; Tray main
Hot dog	Check locally	Two hot dogs = Regular Tray main
Corn dog	Check locally	Jr. Tray main

Sides

Item	Reported price	Notes
Regular fries	\$2.39–\$2.69	Most popular side
Hushpuppies	Check locally	Southern classic
Onion rings	Check locally	
Chicken nuggets	Check locally	
White cheddar bites	\$3.39–\$3.99	Price varies by location
Slaw / Chili / Bacon bits	Check locally	Also toppings

Full sides list with 40+ options is on our website: cookout-menu-price.us/sides/

Milkshakes

Cook Out is famous for 40+ shake flavors. A standalone fancy shake was reported at **\$3.99** (selected locations, 2026). Substituting a shake for the Tray drink costs about **+\$1.50** on top of the Tray price.

Popular flavor categories

Chocolate, vanilla, strawberry, Oreo, mint chocolate chip, peanut butter, banana, cheesecake, peach cobbler, watermelon, blueberry, pineapple, coffee, mocha, caramel, butterfinger, Heath bar, M&M;, Reese's, Snickers — plus seasonal rotations. Availability varies by restaurant and season.

Full 40+ flavor guide with nutrition notes: cookout-menu-price.us/milkshakes/

Drinks & Extras

Item	Reported price	Notes
Fountain drink (Tray included)	Included	Unsweetened tea, sodas
Cheerwine float	Check locally	Regional favorite
Extra cheese / bacon	Check locally	Added to base price

Getting the Best Value

- **Order the Tray.** A Regular Tray (\$7.99 reported) with a burger, two sides, and a drink beats buying items separately.
- **Jr. Tray for lighter appetites.** \$6.99 reported — same structure, smaller mains.
- **Skip the shake swap unless you want it.** The +\$1.50 substitution is worth it for shake lovers, but the included drink keeps the Tray cheapest.
- **Compare before you assume.** Style add-ons (+\$0.49–\$0.99) change the final price — a "cheap" burger can cost more than a Tray.
- **Prices vary.** The same burger was \$3.99 in Alpharetta GA and \$4.39 in Raleigh NC. Check your local board.

About this guide

This guide is published by **cookout-menu-price.us**, an **independent informational website**. We are **not affiliated with, endorsed by, or acting on behalf of Cook Out Restaurants**.

Prices shown are reported examples collected from selected restaurant menu boards in 2026. They are planning references, not official prices and not live quotes. Menu items, prices, calorie figures, and availability change by location and over time.

Calorie and nutrition figures are reported values, not laboratory-verified data. For allergen information, confirm directly with the restaurant.

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